Worksheet 1.3: The Circle Test for Adults

Companion to Elastic Intelligence, *Chapter 1*

Name: _____ **Date:** _____

How to use: Inspired by the figural activities used in creative-thinking assessment, this is a mirror for practice, not a formal test. Set a five-minute timer. Turn each circle into a different picture and give each one a title.

◯	◯	◯
Title: _____	Title: _____	Title: _____
◯	◯	◯
Title: _____	Title: _____	Title: _____
◯	◯	◯
Title: _____	Title: _____	Title: _____

Reflect (tick what applies):

- ☐ Fluency: I finished all nine.
- ☐ Originality: at least two are things others probably would not draw.
- ☐ Elaboration: at least one drawing has rich detail.
- ☐ Abstract titles: at least two titles name an idea or feeling, not just an object.
- ☐ Resisting early closure: I left at least one circle open before deciding what it would be.
- ☐ Breaking boundaries: I combined circles or drew outside them.

Which dimension do I want to stretch at work, and how?

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